

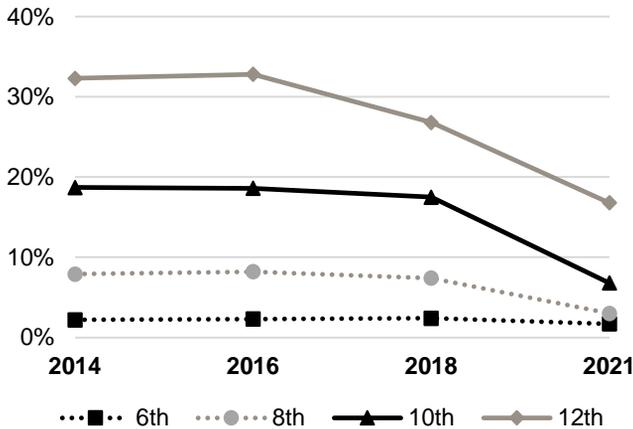
# HEALTHY YOUTH SURVEY 2021

## Alcohol Use

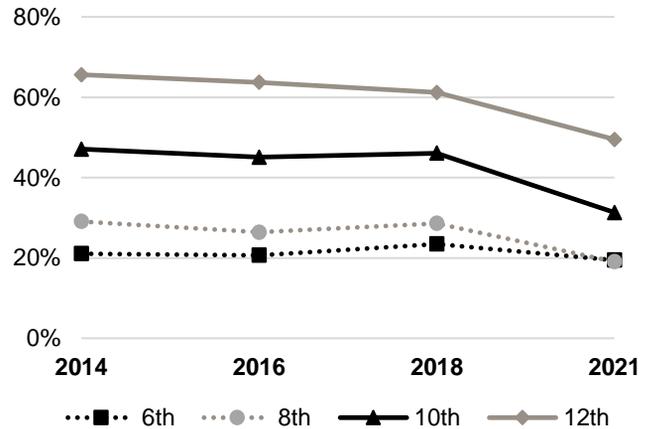


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Recent (last 30 days) alcohol use has stayed generally steady in the last several years, with a **decrease in 2021**.\*

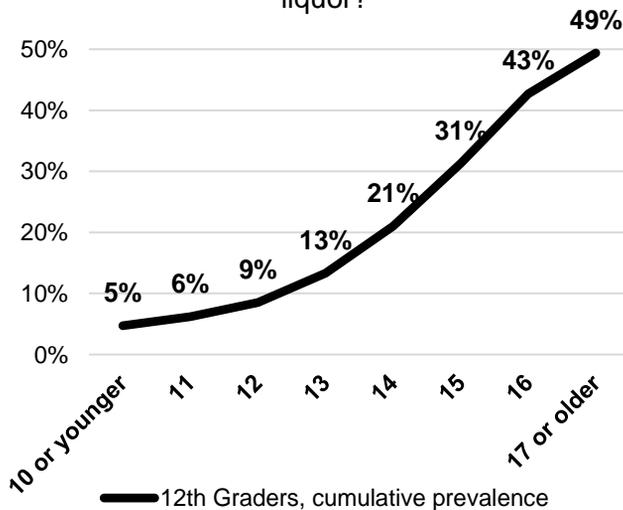


Reports of ever having tried alcohol have been steady over the years, with a **small decrease in 2021**.\*

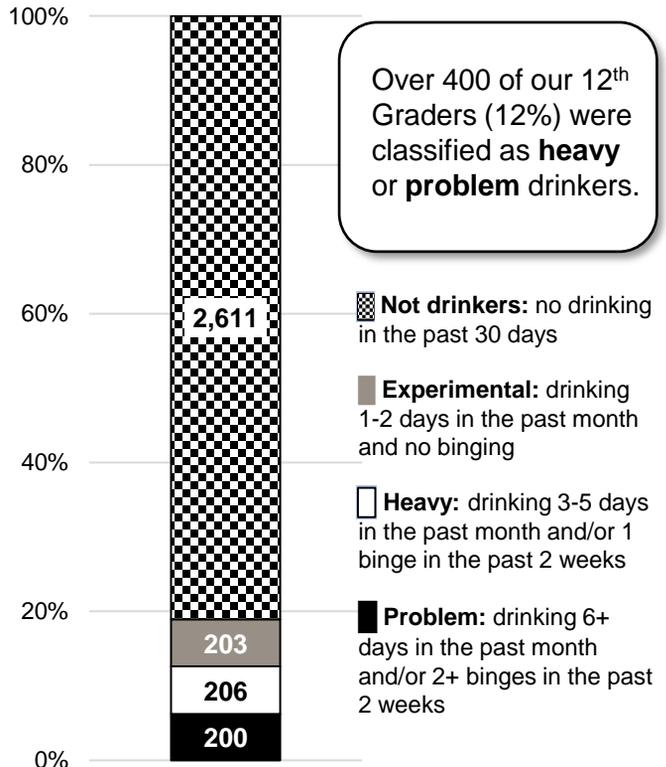


Over 50% of 12th Graders surveyed report never having drunk more than a sip or two of beer, wine, or hard liquor, even once.

By what age had you drunk more than a sip or two of beer, wine, or hard liquor?



### 12th Graders' Alcohol Use



Over 400 of our 12<sup>th</sup> Graders (12%) were classified as **heavy** or **problem** drinkers.

- Not drinkers:** no drinking in the past 30 days
- Experimental:** drinking 1-2 days in the past month and no bingeing
- Heavy:** drinking 3-5 days in the past month and/or 1 binge in the past 2 weeks
- Problem:** drinking 6+ days in the past month and/or 2+ binges in the past 2 weeks

\*These, among other differences seen in 2021, could be an artifact of changes to daily life during the pandemic. For more information, please visit [www.askhys.net](http://www.askhys.net) and [www.snohd.org/hys](http://www.snohd.org/hys)