

# HEALTHY YOUTH SURVEY 2021

## Children's Hope Scale and ACEs

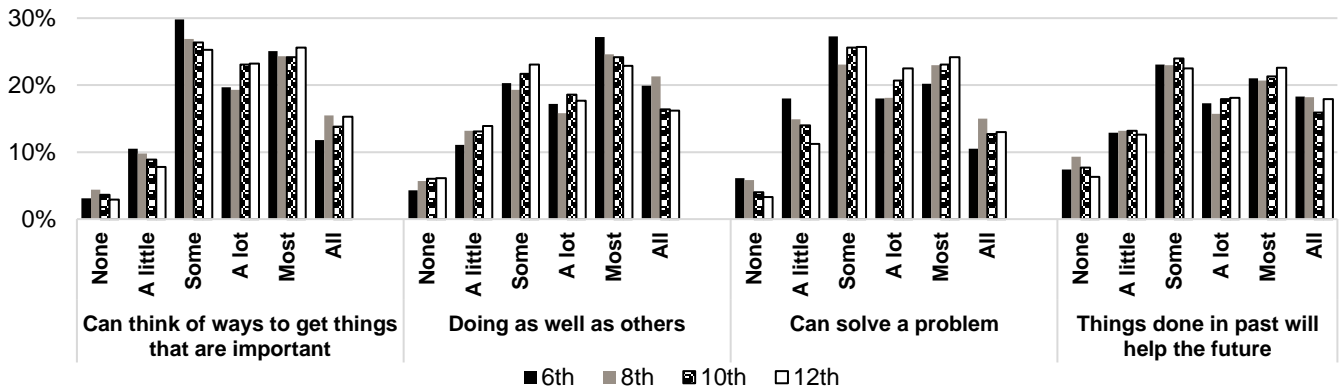


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The Children's Hope Scale is an assessment of agency (the ability to initiate and sustain action towards goals) and pathways (capacity to find a means to carry out goals).

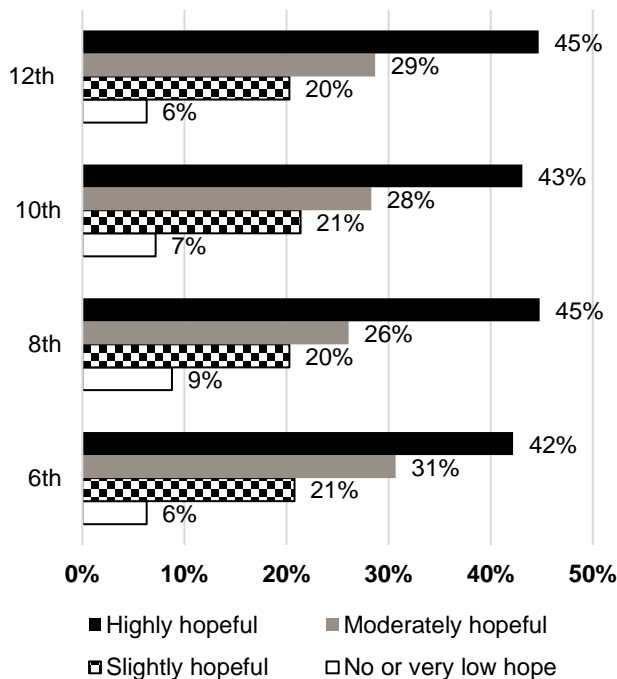
### Child Hope Scale Questions

How much of the time do each of these statements apply?



### Children's Hope Scale Rating

Most students score as *highly hopeful* or *moderately hopeful*!



The Washington HYS Adverse Childhood Experiences Scale (WAH-ACEs) is a set of 11 ACEs questions, each question corresponding to a point on the scale.

A higher score indicates a greater number of these severe childhood stressors. Research has shown that these stressors can influence physical, mental, social, and behavioral health across the lifespan.

### Adverse Childhood Experience Scale (ACEs)

Snohomish County vs Washington State

