

Safe Sleep Cheat Sheet

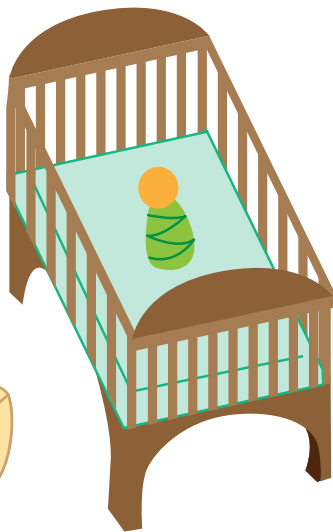
Make sure babies are sleeping safely by putting them to sleep on their back and alone in a crib or bassinet with a flat surface.

Yes



Flat surface

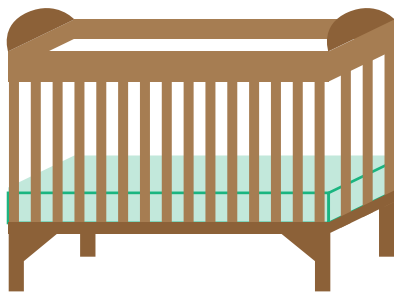
Baby is alone



Crib



Bassinet



SNOHOMISH
HEALTH DISTRICT
WWW.SNOHD.ORG

No



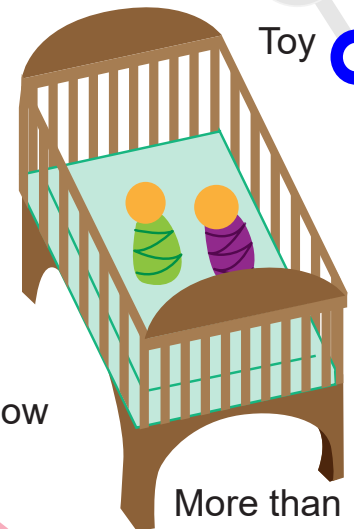
Inclined surface



Soft, plush toy



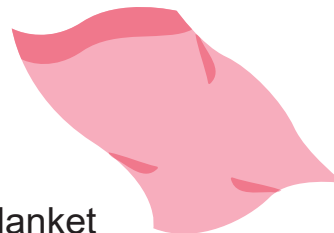
Toy



More than one baby in crib



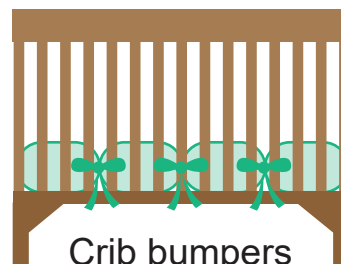
Pillow



Blanket



Inclined Seat



Crib bumpers