ABC’s OF HEALTHY KIDS | E: Eat Fruits and Vegetables

Fruit or Vegetable?

Color each fruit or vegetable below. On the line next to it, write whether it’s a fruit or vegetable.

Peach

Beet

Artichoke

Bananas

Raspberry

Corn

Squash

Pomegranate

ANSWERS:
Peach = Fruit, Beet = Vegetable,
Artichoke = Vegetable, Bananas = Fruit,
Raspberry = Fruit, Corn = Vegetable,
Squash = Vegetable, Pomegranate = Fruit

ABC’s OF HEALTHY KIDS: www.snohd.org/healthykids • www.snohd.org/activities