ABC’s OF HEALTHY KIDS | E: Eat Fruits and Vegetables

Fruit or Vegetable?

Color each fruit or vegetable below. On the line next to it, write whether it’s a fruit or vegetable.

- Peach
- Beet
- Artichoke
- Bananas
- Raspberry
- Corn
- Squash
- Pomegranate

ANSWERS:
Peach = Fruit, Beet = Vegetable, Artichoke = Vegetable, Bananas = Fruit, Raspberry = Fruit, Corn = Vegetable, Squash = Vegetable, Pomegranate = Fruit