ABC’s OF HEALTHY KIDS | E: Eat Fruits and Vegetables

FrankenFruit-or-Veggie

My FrankenFruit-or-Veggie is named:

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Bodies

- Eggplant
- Squash
- Potato

Arms & Legs

- Bananas
- Celery
- Asparagus
- Corn

Hair

- Lettuce
- Corn
- Broccoli

Eyes, Nose
Ears & Mouth

- Cherries
- Blueberries
- Cranberries
- Cantaloupe
- Green Beans

ABC’s OF HEALTHY KIDS: www.snohd.org/healthykids • www.snohd.org/activities