

## ABCS OF HEALTHY KIDS | C: COVID & Flu Vaccines

## Let's Wash Our Hands!

Washing hands with soap and warm water is an important way to get rid of germs and prevent illness.



#### **INSTRUCTIONS**

#### **ON THIS PAGE**:

**1**. Cut out the faucet/water and soap shapes.

#### **ON THE FOLLOWING PAGE:**

- **1**. Trace each hand. Color them in if you'd like.
- 2. Paste the faucet/water shape in the dotted lines.
- **3**. Paste the soap shape in the dotted lines.

Now it looks like you're washing your hands!



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Washing hands with soap and warm water is an important way to get rid of germs and prevent illness.

Name:	HOW TO WASH YOUR HANDS
	<b>1</b> . Turn on warm water
·	<b>2</b> . Get hands wet
	<b>3</b> . Use soap to make lather; rub soapy hands together
\	<b>4</b> . Rinse soap off
/ \	<b>5</b> . Dry off hands
	<b>6</b> . Use paper towel to turn water off
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Left Hand  SNOHOMISH HEALTH DISTRICT	Right Hand
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