



ABC's OF HEALTHY KIDS | B: Brush and Floss

Tooth Care Chart

Check off the tooth under each column when you're finished brushing and flossing!

	BRUSHING	FLOSSING
Monday	 	 
Tuesday	 	 
Wednesday	 	 
Thursday	 	 
Friday	 	 
Saturday	 	 
Sunday	 	 

Name: _____

