Did you know?

- Falls from windows are an important cause of injury in childhood.
- Every year almost 5,000 children are injured after window falls.
- Most children who fall are between 2 and 5 years old.
- Most falls happen in the spring and summer months, when windows are open.
- Most of these falls are preventable.

Small steps can save a child’s life

- Always supervise small children.
- Never open windows more than 4 inches.
- Open windows from the top down, if possible.
- Move furniture away from windows.
- Install window stops or releasable child-safety window guards.

Follow the 4-inch rule:

- Keep window screens more than 4 inches apart.
- Keep the screens on the outside of the window, if possible.
- Open the window from the top down, if possible.
- Move furniture away from windows.

Need more information about window safety?

Contact Safe Kids Seattle at safekids@uw.edu or 206.744.4967

Safe Kids Seattle is proudly led by Harborview Medical Center.