



## YOUTH MARIJUANA USE

### Snohomish County Facts

- Our 10th grade students were significantly more likely compared to the state average to think people are at 'great risk' of harm with frequent marijuana use
- The percent of 10th and 12th grade students who said it would be "very hard" to get marijuana if they wanted some significantly increased compared to 2014
- The percent of 10th grade students who report ever using marijuana is at an all-time low since the survey began in 2002

MARIJUANA	6 <sup>TH</sup> GRADERS	8 <sup>TH</sup> GRADERS	10 <sup>TH</sup> GRADERS	12 <sup>TH</sup> GRADERS
Ever used marijuana	2.5%	9.6%	24.7%	44.5%
Current* use of marijuana	0.8%	6.4%	15.5%	26.7%
Recently* smoked marijuana	~	4.6%	12.6%	19.9%
Recently* used edible forms of marijuana	~	1.2%	2.8%	3.6%
Recently* vaporized marijuana	~	0.5%	0.8%	1.3%
Current* use of marijuana on school property	~	3.3%	5.5%	5.6%
PERCEPTION OF USE	6 <sup>TH</sup> GRADERS	8 <sup>TH</sup> GRADERS	10 <sup>TH</sup> GRADERS	12 <sup>TH</sup> GRADERS
Believe people risk being harmed by trying marijuana once or twice	56.5%	54.8%	41.6%	24.7%
Believe people risk being harmed using marijuana 1-2 times a week	72.8%	75.7%	66.9%	49.8%
Think it's very wrong for someone their age to use marijuana	91.8%	73.9%	47.5%	28.3%
DRIVING	6 <sup>TH</sup> GRADERS	8 <sup>TH</sup> GRADERS	10 <sup>TH</sup> GRADERS	12 <sup>TH</sup> GRADERS
Recently* rode in a car with a driver who had been using marijuana*	~	8.8%	16.4%	25.4%
Recently* drove within three hours of using marijuana	~	4.1%	8.5%	15.8%
ACCESS TO MARIJUANA	6 <sup>TH</sup> GRADERS	8 <sup>TH</sup> GRADERS	10 <sup>TH</sup> GRADERS	12 <sup>TH</sup> GRADERS
Thinks it would be very easy to get marijuana	2.6%	8.7%	27.8%	39.7%
Got marijuana from a store (purchased or stolen)	~	1.0%	1.7%	3.6%
Got marijuana from a parent with permission	~	0.6%	1.4%	2.2%
Got marijuana from a friend or older sibling	~	4.1%	11.2%	17.7%
Got marijuana at a party	~	0.7%	3.7%	3.7%
Gave someone money to buy marijuana for them	~	0.7%	2.8%	5.4%
~ Not asked of students in this grade *Current or recently = any use in the past 30 days (also called recent use).				

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### Assessment, Planning and Evaluation Center

3020 Rucker Avenue, Suite 206 Everett, WA 98201-3900 • fax: 425.339.8726 • tel: 425.252.8856



# YOUTH MARIJUANA USE: WHAT WE CAN DO

## Washington State Healthy Youth Survey Facts

- Questions ask about risk for injury, health behaviors and outcomes, alcohol and drug use
- Results are used by communities to support youth and reduce risks

More info available at: [www.askhys.net](http://www.askhys.net)

## PARENTS

- With sales of marijuana for recreational use now legal for those over 21, have an open conversation with your child on why people use it, and why the age limits are in place. Marijuana can harm a child's developing brain more than an adult's. Set clear expectations for your teen so they know that marijuana use is not acceptable.
- If your family history includes addiction issues, your child may be predisposed to addictive behaviors. Warn them of the difference between "recreational use" and habitual or problem use.
- If you know your child is already using marijuana, have a calm conversation around *why*. Their use may involve underlying issues that will need further exploring.
- If you or someone in the household is legally using marijuana, ensure it is stored in a safe, secure location.
- Learn more about the health effects of marijuana use, along with tips for parents on our website:
  - <http://www.snohd.org/Healthy-Living/Smoke-Free-Living/Marijuana-Health>

## SCHOOLS AND COMMUNITY GROUPS

- Teach students that driving while high can be as dangerous and lethal as driving while drunk.
- Provide education and discussions on the ways marijuana can be disguised as a seemingly-innocent product. Additionally, marijuana now contains a higher concentration of THC than marijuana did in the past, making it's effects stronger.

## GOVERNMENT

- Government can continue to enforce bans on smoking in public, driving while under the influence, and sales to minors—particularly for edibles, which appear in seemingly harmless forms like gummy bears or sodas.
- Legal efforts can include limiting the potency edible products can contain.

**Participation by all of the Snohomish County school districts in the Healthy Youth Survey is much appreciated. School participation allows us to report on the current health status of our youth and track trends over time.**

For more information about the Healthy Youth Survey, check out <http://www.askhys.net/> or to see Snohomish County Healthy Youth Survey Fact Sheets go to [www.snohd.org](http://www.snohd.org).

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