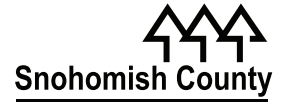


thankful



sunday 11/15

What is your favorite thing about autumn?

monday 11/16

What color makes you happiest?

tuesday 11/17

What are you really proud of?

wednesday 11/18

What is an important lesson you've learned?

thursday 11/19

What makes you feel accomplished?

friday 11/20

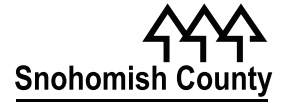
What is the best thing that happened this week so far?

saturday 11/21

Who is your favorite artist?

Gratitude leads to resilience. Resilience is a buffer to life's adversity. What are you grateful for?

thankful



For the week of: _____

SUNDAY	MONDAY	TUESDAY

WEDNESDAY	THURSDAY

FRIDAY	SATURDAY