

Child Care Health Outreach Program

The Snohomish County Health Department wants you to succeed in creating a healthy, happy environment for children. Parents will feel comfortable knowing your business is a safe place to leave their children thanks to a clean environment, clear policies, trained staff, and good parent communications.



The Child Care Health Outreach Program helps child care providers with the many health and safety challenges that arise, including preventing the spread of illness, maintaining a safe and clean environment, managing policies and records, and meeting children's special health, dietary, and behavioral needs.

Program Mission Statement

To keep children safe and to lead in the promotion of healthy early childhood development through collaborative population-based interventions that support and educate the child care community.

Our program staff are available to assist you through on-site consultation at your child care, over the phone, or by email.



Trainings for Child Care Providers



Snohomish County Health Department offers in-service STARS-approved online courses for child care providers on a variety of health and safety topics. Our classes are open to all child care providers in Washington State. Courses are available through our online learning portal and can be completed on a computer, tablet, or cell phone. Participants complete courses at their own pace. Most courses are designed to take approximately 2 hours to complete.

To view our course catalog, please visit our learning portal at:
<https://childcare-snohd.talentlms.com>

Child Care Health Outreach Program

Email:
shd-childcarehealth@co.snohomish.wa.us

Phone:
CCHOP Direct Line...425.252.5415

Emily Greenleaf.....425.339.3591
Behavior Health Specialist
Michelle Rolfson.....425.339.5236
Public Health Nurse
Micha Horn.....425.339.8712
Environmental Health Specialist
Communicable Disease
Reporting Line....425-339-5278

Website Resources:
<http://www.snohd.org/238/Child-Care-Providers>

- Disease fact sheets/parent letters
- Health policy templates
- Menu planning guidelines/tips
- Brochures, handouts, forms
- Links to sign up for our newsletter

Snohomish County Health Department
Child Care Health Outreach Program
3020 Rucker Avenue, Suite 202
Everett, WA 98201-3900

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Services for Child Care



Health, Safety, and Nutrition
Consultations and Classes



**SNOHOMISH
COUNTY** 
HEALTH DEPARTMENT

Services Available to Child Care Providers from Snohomish County Health Department

► Behavioral Health

Our Behavior Health Specialist (BHS) is available to consult with child care providers about behavioral health related concerns in their child care home or facility. The BHS can provide information about addressing challenging behaviors, interventions for children with mental health diagnoses, training in trauma and resilience, and referrals for community resources.



► Breastfeeding Friendly Child Care

Help your child care become breastfeeding friendly for families. We will provide you with tools and support.

► Cleaning, Sanitizing, & Disinfecting

Contact our program for guidance on the proper use of cleaning, sanitizing, or disinfecting products. Find out which products are safer to use around children.



► Crisis/Disaster Planning

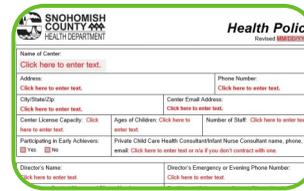
Get assistance with the development of a comprehensive disaster plan, reviewing the child care site for hazards, practicing fire and disaster drills, putting kits together, and preparing ways to help children cope after a disaster.

► Food Safety

Our staff can review your food preparation facilities, food handling practices, and menu safety. We also provide information to license-exempt preschools on how to meet the newest WA State Food Code requirements.

► Health Plan Review

Need your health policy reviewed? Our program staff will review and sign it at no cost as long as our current template is used. Templates are available on our website.



► Illness Prevention and Control

Depending on the illness, Snohomish County Health Department staff may provide you with information over the phone or visit the child care to help prevent the spread of disease in your child care, your families, and the community.



Our staff will answer questions you have about excluding children, symptoms to watch for, and prevention measures to take. Child care providers must call the Health Department at 425-339-5278 in the event of any reportable illnesses at their child care.

► Immunizations

Our Public Health Nurse can help answer questions regarding the Certificate of Immunization Status form, the Certificate of Exemption, and the Annual Status report.

► Infant Nurse Consultant Support

Infant and child care health consultants may contact our staff with questions and for resources and are welcome to participate in our Nurse Consultant Partnership Program and bi-annual meetings.



► Injury Prevention

Indoor and outdoor environments can be reviewed for safety hazards and ideas are provided for improvements.

► Lead Poisoning Prevention

Childhood lead poisoning remains a problem that can cause lifelong health issues. Learn what prevention steps you can take to reduce the risks for children in your care.

► Medication Management

Having clear medication administration policies and procedures are important for preventing medication errors. Our on-site or virtual consults give you tips on how to improve and ensure safe administration of medications.

► Menu Planning and Mealtime Practices

Our staff are available to provide guidance on meeting the CACFP guidelines for serving meals and snacks. Learn strategies for creating safe and healthy mealtimes that contribute to self-regulation and child development.



► Managing Special Dietary Needs

Get assistance with managing special dietary needs, including allergies, intolerances, and diabetes.

► Pets and Animals

Although kids enjoy them, some animals carry diseases that can spread in child care settings. Get help reviewing your pet or backyard farm animal policies.



► Physical Activity

Physical activity contributes to executive function, academic skills, growth, and fitness. Find out the guidelines for physical activity and discover new Ideas for adding more movement to your daily routine.



► Playground Safety

Make sure your outdoor play space is safe. Get ideas for creative outside play and nature areas.

► Screen time Policies

Too much screen time may affect a child's ability to learn, weight, and behavior. The American Academy of Pediatrics provides specific screen time guidelines for children. Get the most current standards for limiting screen time and resources for alternatives.



► Toothbrushing

Find out how to easily add toothbrushing to your daily routine.

► In-service (STARS) Classes

The Snohomish County Health Department offers STARS-approved online learning courses created by health professionals. For instructions and more information, visit our website at: <http://www.snohd.org/STARS>

All our consultation services are **FREE** for Snohomish County child care providers.

Call us at 425.252.5415 or email to shd-childcarehealth@co.snohomish.wa.us

We look forward to working with you.