

# ISOLATION & QUARANTINE SUPPORT PROGRAM

## Program Summary

The Isolation & Quarantine Support Program is available for people with no sheltering options permitting self-isolation and:

- Need to quarantine for up to 14 days since exposure to someone who tested positive for COVID-19  
OR
- Need to isolate due to fever and/or other symptoms consistent with COVID-19  
OR
- Need to isolate due to testing positive for COVID-19

## Referral Protocol

If a person has tested positive for COVID-19 or has symptoms consistent with COVID-19 and does not need to be hospitalized, you may refer them to the I & Q program. You may also refer someone who has been exposed to a confirmed case of COVID-19. Referrals are accepted 24/7.

1. Call the Snohomish Health District at 425-327-0130 and be prepared to provide the following information:
  - a. Client name and DOB
  - b. COVID-19 test results, date and providing lab
  - c. Symptoms and their onset date
  - d. Medical history (especially mental health or substance abuse)
  - e. Current medications
  - f. Allergies
  - g. Withdrawal risk (including substance use and time of last use)
2. If available, fax COVID-19 test results to 425-339-8706
3. I & Q program staff will consult with the Health Officer to confirm approval for admission
4. If the client meets criteria, the I & Q staff will call you to initiate the transfer
5. Prior to transfer, please confirm testing has been done, they are not at risk for withdrawals, and they have 14-day supply of all medications.

## Transportation

I & Q staff will arrange transportation for the client to the location

**Snohomish Health District Isolation & Quarantine Support Program**  
Phone: 425-327-0130 | Fax: 425-339-8706 | Email: [ckeen@snohd.org](mailto:ckeen@snohd.org)