

Keep Sick Children Home

Interim Exclusion Guidelines for COVID-19

Updated November 13, 2020

Dear Parents/Guardians,

To protect the health and safety of children and staff, children who are sick with any illness need to be kept home. We will continue to follow our usual exclusion guidelines (WAC 110-300-0205) which includes children who generally feel unwell, as well as exclude any children who have COVID-19 symptoms.

If a child or staff member has one or more of the following symptoms associated with COVID-19 they should be excluded from child care and tested for COVID-19.

<u>(A) Symptoms</u>	<u>(B) Symptoms</u>
<ul style="list-style-type: none">• Fever of 100.4 F or higher• Cough• Loss of taste and/or smell• Shortness of breath	<ul style="list-style-type: none">• Fatigue• Headache• Muscle or body aches• Sore throat• Congestion or runny nose• Nausea or vomiting• Diarrhea



Individuals that have NOT had close contact to COVID-19 positive person —

For any single (A) symptom, 2 or more (B) symptoms, or any single (B) symptom lasting more than 24 hours, they must stay home until at least 24 hours after any fever has resolved **AND** the symptoms have improved **AND** either:

- 10 days have passed since symptoms started; — OR —
- they have a negative COVID-19 test or specific alternative diagnosis that completely explains all symptoms from a health care provider

For a single (B) symptom lasting less than 24 hours, see the [DOH return guidance](#) flow chart.

NOTE: A child care facility or school may have return-to-care guidelines that are more strict than the DOH flow chart.

If a child or staff member has been exposed to COVID-19 in any setting during the past 14 days, they need to remain quarantined at home and excluded from child care until 14 days after their last exposure has passed. Family members may require longer quarantine. A negative test does not allow early return.



For more information visit:

Snohomish Health District
www.snohd.org/covid

Washington State Department of Health
www.doh.wa.gov/emergencies/coronavirus

Centers for Disease Control and Prevention
www.cdc.gov/coronavirus/2019-ncov



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