

## YOUTH MARIJUANA USE

### Snohomish County Facts

- 10th grade students were less likely to say there was “no risk” of harm from regular marijuana use compared to their peers statewide.
- Compared to 2016, 10th grade students were significantly less likely to have obtained marijuana at a party.
- 12th grade students were less likely to have smoked marijuana compared to 2016—but there were no significant changes in other forms of use.
- 10th grade students are less likely to say trying marijuana or frequent use of marijuana is a “great risk” to a person’s health, compared to 2016.

MARIJUANA	6 <sup>TH</sup> GRADERS	8 <sup>TH</sup> GRADERS	10 <sup>TH</sup> GRADERS	12 <sup>TH</sup> GRADERS
Ever used marijuana	2.9%	10.4%	27.2%	41.6%
Current* use of marijuana	0.9%	6.5%	17.3%	24.6%
Recently* smoked marijuana	~	3.7%	10.3%	14.7%
Recently* used edible forms of marijuana	~	2.0%	2.8%	3.2%
Recently* vaporized marijuana	~	0.7%	0.8%	1.1%
Recently* dabbled marijuana	~	0.6%	2.4%	4.4%
PERCEPTION OF USE	6 <sup>TH</sup> GRADERS	8 <sup>TH</sup> GRADERS	10 <sup>TH</sup> GRADERS	12 <sup>TH</sup> GRADERS
Believe people risk being harmed by trying marijuana once or twice	33.1%	24.5%	14.1%	11.1%
Believe people risk being harmed using marijuana 1-2 times a week	50.3%	47.2%	34.8%	25.6%
Think it's very wrong for someone their age to use marijuana	89.6%	70.3%	44.8%	31.0%
DRIVING	6 <sup>TH</sup> GRADERS	8 <sup>TH</sup> GRADERS	10 <sup>TH</sup> GRADERS	12 <sup>TH</sup> GRADERS
Recently* rode in a car with a driver who had been using marijuana*	~	8.8%	15.8%	21.0%
Recently* drove within three hours of using marijuana	~	4.7%	8.4%	13.1%
ACCESS TO MARIJUANA	6 <sup>TH</sup> GRADERS	8 <sup>TH</sup> GRADERS	10 <sup>TH</sup> GRADERS	12 <sup>TH</sup> GRADERS
Thinks it would be very easy to get marijuana	3.2%	8.5%	28.7%	40.0%
Got marijuana from a store (purchased or stolen)	~	1.0%	2.1%	2.2%
Got marijuana from a parent with permission	~	0.4%	1.9%	1.9%
Got marijuana from a friend or older sibling	~	4.6%	11.4%	16.9%
Got marijuana at a party	~	1.0%	2.2%	3.0%
Gave someone money to buy marijuana for them	~	0.7%	3.3%	3.4%
~ Not asked of students in this grade *Current or recently = any use in the past 30 days (also called recent use).				



## YOUTH MARIJUANA USE: WHAT WE CAN DO

### Washington State Healthy Youth Survey Facts

- Survey questions focus on risk for injury, health behaviors and outcomes, alcohol and drug use.
- Results are used by communities to support youth and reduce risks.

More info available at: [www.askhys.net](http://www.askhys.net)

### PARENTS

- Take time to learn about marijuana and its effects. Marijuana today contains a higher concentration of THC than in the past, making its effects stronger.
- With sales of marijuana for recreational use now legal for those over 21, have an open conversation with your child on why people use it, and why the age limits are in place. Marijuana can harm a child's developing brain more than an adult's. Set clear expectations for your teen so they know that underage marijuana use is not acceptable.
- If your family history includes addiction issues, your child may be predisposed to addictive behaviors. Warn them of the difference between "recreational use" and habitual or problem use.
- If you know your child is already using marijuana, have a calm conversation around why. Their use may involve underlying issues that will need further exploring.
- If you or someone in the household is legally using marijuana, ensure it is stored in a secure location where it cannot be accessed by anyone younger than 21.
- Learn more about the health effects of marijuana use, along with tips for parents on our website: [www.snohd.org/marijuana](http://www.snohd.org/marijuana)

### SCHOOLS AND COMMUNITY GROUPS

- Teach students that driving under the influence of marijuana can be as dangerous as driving drunk.
- Provide education to school staff and adults on the ways marijuana can be disguised as a seemingly-innocent product.

### GOVERNMENT

- Government can continue to enforce bans on smoking in public, driving while under the influence, and sales to minors—particularly for edibles, which appear in seemingly harmless forms such as candy or soda.
- Legal efforts can include limiting the potency permitted in edible products.

**Participation by all of the Snohomish County school districts in the Healthy Youth Survey is much appreciated. School participation allows us to report on the current health status of our youth and track trends over time.**

For more information about the Healthy Youth Survey, check out <http://www.askhys.net/> or to see Snohomish County Healthy Youth Survey Fact Sheets go to [www.snohd.org](http://www.snohd.org).