How Can I Get Naloxone?
Naloxone (Narcan®) is a prescription medicine that can temporarily stop the effect of opioids and help a person start breathing again. It can be given as an intranasal spray or as an injection into a muscle. It is easy and very safe to use.

You can get naloxone without a prescription if you think you could overdose on opioids, or help someone else who has overdosed.

Naloxone overdose rescue kits are available in these Snohomish County pharmacies:

EDMONDS  - Pavilion Pharmacy at Swedish Edmonds Hosp. 
7320 216th ST SW, Suite 100 ...........................................425.673.3700

EVERETT  - Walgreens  
6807 Evergreen Way ..........................................................425.438.9380 
2205 Broadway .................................................................425.252.5213

LYNNWOOD  - Walgreens  
20725 Highway 99 .............................................................425.712.0512

MARYSVILLE / TULALIP  - Walgreens  
COSTCO Pharmacy  
16616 Twin Lakes AVE ....................................................360.652.4539
Tulalip Clinical Pharmacy  
8825 34th Ave NE, Ste A ..................................................360.716.2660

MONROE  
Pharm A Save  
17768 147th ST SE .........................................................360.794.7351
Providence Pharmacy  
19200 N Kelsey ST ..........................................................360.794.5555

STANWOOD  - QFC Pharmacy  
27008 92nd Ave NW .......................................................360.629.0662

ALL SAFEWAY PHARMACIES  
http://www.safeway.com/ShopStores/tools/store-locator.page

ALL ALBERTSON’S PHARMACIES  
http://www1.albertsons.com/ShopStores/tools/store-locator.page

For more information on overdose prevention and pharmacy provider updates in Snohomish County:  
www.snohd.org/Diseases-Risks/Injection-Drug-Use
Washington State information:  
www.stopoverdose.org

This brochure is not a substitute for more complete overdose response training from a medical provider or health educator.
Look and listen for:

- slow or no breathing
- gurgling, gasping or snoring
- clammy, cool skin
- blue lips or nails
- pill bottles, needles or alcohol

Try to wake them up.

- Shake them. Call their name.
- Rub your knuckles hard over their chest bone.

If they don’t wake up, you need to act fast!

**CALL 911**

- You don’t need to say anything about drugs or medications.
- Just say where you are and that the person isn’t breathing.

Under the Good Samaritan Law:
You cannot be prosecuted for having a small amount of medication or drugs when you seek help in an overdose. The overdose victim is also protected. But the law does not protect you or them from other crimes or warrants.

**GIVE NALOXONE AND START RESCUE BREATHING**

- Give the naloxone (intranasal spray or injection). Follow the instructions on the package or in the overdose rescue kit.
- Start rescue breathing.
- If they don’t respond in 3-5 minutes, give a second dose of naloxone.
- Keep rescue breathing!

If you don’t have naloxone, do rescue breathing. Oxygen is critical!

**Rescue Breathing**

- Give 2 quick breaths. Chest should rise.
- Then 1 slow breath every 5 seconds.
- Keep going until they start breathing or help arrives.

**STAY WITH THEM**

- If they start to wake up and breathe, stay with them.
- Naloxone wears off in 30-90 minutes. When it does, the person can stop breathing again. Watch them until medical help arrives.
- If you must leave, put the person into the recovery position and in a place where they can be found.