

# FAMILY VALUES

Family values involve all the ideas of how you want to live your family life. They are often passed down from previous generations. Family values can help define behavior in various situations, help youth make good choices, and solidify the bond that your family has. If your family doesn't already have these values in place, know that it is never too late to make a list of family values.



## Family Values

- Accountability
- Achievement
- Compassion
- Community
- Control
- Creativity
- Criticism
- Education
- Generosity
- Health
- Honesty
- Humor
- Independence
- Integrity
- Kindness
- Love
- Loyalty
- Obedience
- Openness
- Privacy
- Religion
- Respect
- Safety
- Secrecy
- Self-Care
- Self-Reliance
- Spirituality
- Togetherness
- Tolerance
- Trust

What were your family values growing up?

What are your current family values?

What family values would you like to have in the future?

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