

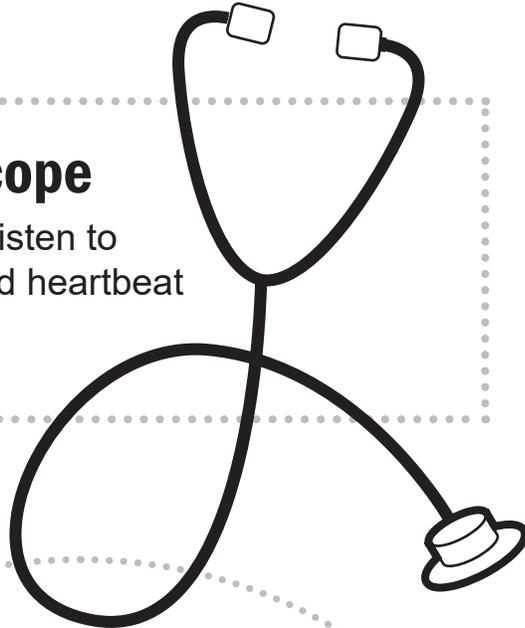
**HEALTH TREK**  
**Week 2**

# Partnering with your Provider: Finding a Health Care Home

Here are some things you might find in a health care provider's office. Use the other side of this page to write at least 3 questions you'd like to ask at your next appointment.

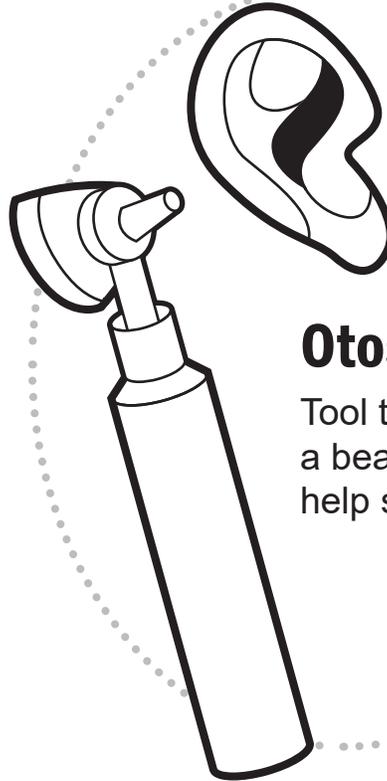
## Stethoscope

Tool to help listen to breathing and heartbeat

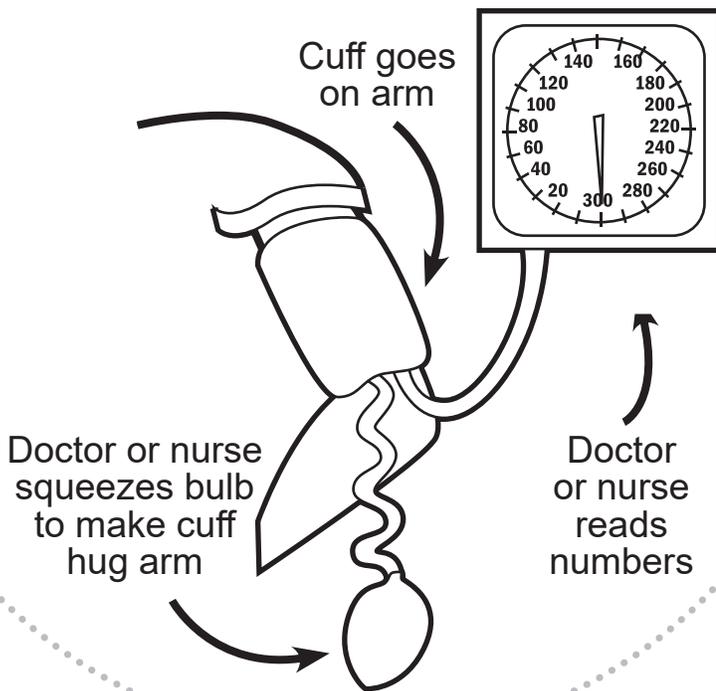


## Otoscope

Tool that shines a beam of light to help see into ear



## Blood Pressure Cuff (a.k.a. Sphygmomanometer)



## Reflex Hammer

Tool used to tap on knees and test for reflexes

