



ACES & PERINATAL MENTAL HEALTH: SUPPORTING COMMUNITIES OF COLOR THROUGH CULTURALLY RELEVANT CARE

Join us on
Wednesday January 24th
3:00 pm-4:30 pm

EVENT LINK

Shakima “Kima” Tozay

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DSW, LICSW, RPT-S™, PMH-C, IMH-E®

Analyze the impact of race, ACES, and Social Determinants of Mental health on BIPOC perinatal communities

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Identify and examine three ways to practice Cultural humility

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Discuss how to optimize resilience for BIPOC communities from an Equity and Belonging lens

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List three provider action steps that promote culturally relevant Perinatal Mental Healthcare