



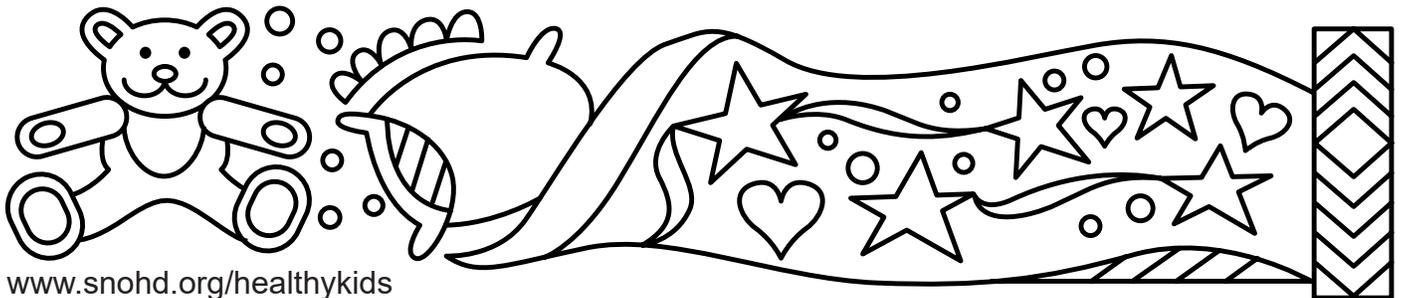
ABC's OF HEALTHY KIDS | Z: Zzz (Healthy Sleep Habits)

Bedtime Bookmarks

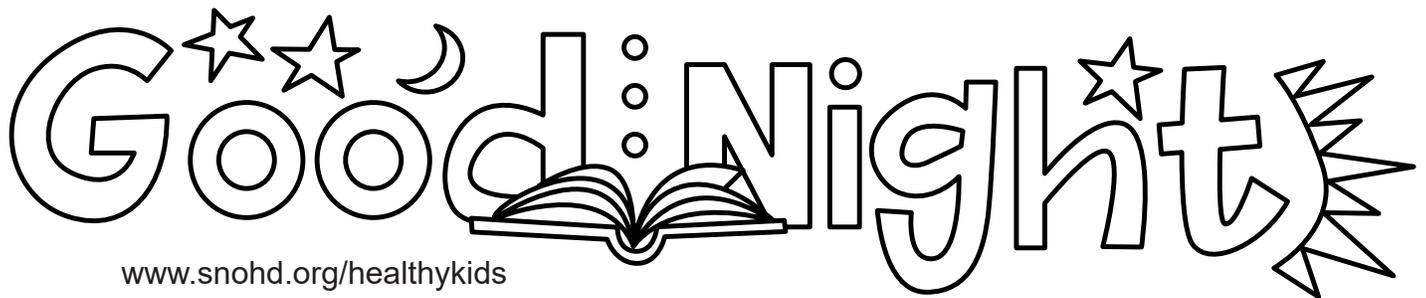
Color the bookmarks below and cut them out along the dotted lines. To make them stronger, cover them with clear packing tape. What are your favorite stories to read before bed?



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