ABC's OF HEALTHY KIDS | X: X-Ray Vision

Connect the Dots Activity

Connect the dots in order from 1 to 84 to reveal a picture.

What can you do to take care of your eyes?

EAT a nutritious diet

VISIT an eye care professional for regular eye exams

KNOW the parts of your eye

1. pupil
2. caruncle
3. iris
4. eyelid
5. sclera

ABC’s OF HEALTHY KIDS:  www.snohd.org/healthykids  •  www.snohd.org/activities