

**Snohomish County BRFSS 2003
Community Health Summary**

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Each HPA vs. average of others

QUESTION	SnoCo vs. Washington			Dichotomous (one group vs. other)				Age Trend				Trend	Health Planning Area					
	Snoco N = 2,377	Snoco 95% C.I.	WA N = 18,644	Males N = 973	Females N = 1,404	Poor N = 417	Not Poor N = 1,694	18-29 N = 355	30-44 N = 785	45-64 N = 832	65+ N = 405		Everett N = 427	North N = 585	East N = 331	South N = 348	Hwy 99 N = 387	View N = 299
GENERAL HEALTH																		
Days of Poor Physical Health (avg. no. of days)	3.5	(3.2, 3.9)	3.6	3.2	3.9	5.9	3.0	2.5	2.8	4.2	5.9	↑	4.2	3.8	2.7	2.6	3.4	4.2
Days of Poor Mental Health (avg. no. of days)	3.7	(3.3, 4)	3.4	3.2	4.1	5.8	3.2	3.8	4	4.1	1.5	↓	3.7	3.9	3.2	2.4	4.7	3.3
Days Poor Health Interfered w/Daily Activities (avg. no. of days)	2.0	(1.8, 2.3)	2.2	1.9	2.1	3.4	1.7	1.1	1.7	2.8	2.3		2.7	2.5	1.4	1.2	1.7	2.4
HEALTH CARE ACCESS																		
Have Health Insurance	87.2%	(85.5, 88.8)	85.6%	85.4%	88.9%	71.2%	91.5%	74.2%	85.9%	91.9%	99.9%	↑	82.3%	88.7%	85.2%	91.6%	87.9%	90.7%
Have a Personal Doctor	81.2%	(79.3, 83.1)	79.1%	75.5%	86.9%	74.0%	83.6%	64.7%	80.0%	87.5%	95.0%	↑	77.2%	82.9%	79.2%	83.3%	79.3%	88.4%
Could Not See Doctor in Past 12 Months Due to Cost	12.6%	(11, 14.1)	13.0%	12.5%	12.6%	24.6%	9.5%	19.6%	14.6%	9.7%	2.9%	↓	15.2%	12.0%	13.6%	9.7%	11.3%	14.0%
Unmet Health Needs in Past 12 Months																		
Adult Unable to Get Care	12.1%	(10.6, 13.8)	11.9%	11.5%	12.7%	22.8%	9.5%	17.5%	13.0%	11.1%	3.8%	↓	13.0%	12.5%	14.9%	7.6%	13.1%	10.3%
Adult had Trouble Getting Care	13.5%	(12.0, 15.2)	13.6%	11.7%	15.3%	21.8%	11.6%	16.1%	14.8%	13.6%	5.4%		15.9%	13.7%	12.9%	9.6%	13.3%	14.9%
Child Unable to Get Care	5.6%	(4.2, 7.3)	4.6%	5.8%	5.3%	7.3%	5.2%	4.0%	6.4%	5.5%	0.0%		6.5%	4.3%	5.7%	4.7%	8.8%	3.7%
Child had Trouble Getting Care	6.9%	(5.4, 8.7)	6.2%	5.6%	8.1%	7.6%	6.7%	5.4%	7.2%	7.7%	0.0%		6.3%	6.7%	6.1%	6.1%	8.5%	7.8%
Falls																		
Fallen in Past 3 Months (age 45+)	16.7%	(14.5, 19.2)	15.6%	17.7%	15.8%	19.6%	16.8%	n/a	n/a	17.0%	16.0%		12.7%	16.2%	15.9%	15.2%	16.3%	23.0%
Injured by Fall	37.0%	(30.0, 44.6)	35.9%	31.4%	42.8%	44.8%	35.9%	n/a	n/a	39.1%	31.3%		37.2%	26.5%	39.2%	34.9%	47.4%	41.5%

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	Snoco	Snoco	WA	Gender		Poverty (200% FPL)		Age Group					Everett	North	East	South	Hwy 99	View
	N = 2,377	95% C.I.	N = 18,644	Males	Females	Poor	Not Poor	18-29	30-44	45-64	65+		N = 427	N = 585	N = 331	N = 348	N = 387	N = 299
Immunization																		
Flu Shot Last 12 Months	35.1%	(33.0, 37.2)	35.4%	33.5%	36.6%	32.9%	34.9%	20.1%	24.4%	40.3%	74.8%	↑	33.8%	39.0%	31.8%	36.5%	33.7%	36.8%
Ever Had Pneumonia shot	22.8%	(20.9, 24.8)	25.1%	23.7%	22.0%	28.5%	20.1%	18.7%	12.4%	18.1%	66.7%	↑	11.8%	10.0%	8.0%	7.3%	8.1%	10.7%
Why no Flu Shot Last 12 mo.																		
Not at Risk/Not Needed	35.0%	(32.2, 37.8)	n/a	38.1%	31.7%	32.0%	36.5%	34.8%	36.3%	35.1%	24.2%	↓	31.8%	37.9%	34.1%	40.2%	32.3%	32.3%
Forgot	15.7%	(13.6, 18.0)	n/a	17.6%	13.7%	16.1%	15.0%	19.2%	14.5%	13.5%	20.1%		15.5%	14.6%	10.6%	17.8%	17.0%	9.6%
Possible Health Risk	14.1%	(12.3, 16.2)	n/a	11.6%	16.7%	14.1%	14.5%	6.0%	16.9%	15.6%	26.9%	↑	14.8%	17.1%	13.6%	10.5%	12.3%	14.8%
Other	35.2%	(32.5, 38.0)	n/a	32.6%	37.9%	37.9%	34.1%	39.9%	32.3%	36.0%	28.8%	↓	38.0%	30.4%	41.7%	31.5%	38.5%	33.2%
Tobacco Use																		
Currently Smoke	19.1%	(17.3, 21.0)	19.5%	21.4%	16.8%	31.7%	16.9%	28.0%	19.0%	17.7%	8.1%	↓	24.9%	20.0%	19.2%	12.5%	19.4%	15.4%
Tried to Quit in Pat 12 mo.	56.7%	(51.4, 61.9)	55.1%	59.7%	52.9%	64.2%	54.8%	72.1%	53.4%	47.4%	41.6%	↓	55.6%	55.5%	57.8%	45.7%	57.0%	66.6%
Alcohol Consumption																		
Average Drinks when Drinking (average)	2.02	(1.92, 2.12)	2.04	2.37	1.6	2.68	1.92	3	1.99	1.62	1.49		2.1	2.2	1.9	1.8	2.1	1.8
DIABETES																		
Told by M.D. Have Diabetes	6.2%	(5.2, 7.2)	6.6%	6.2%	6.2%	10.8%	4.9%	0.2%	2.5%	9.1%	18.5%	↑	6.0%	7.4%	5.3%	4.6%	7.3%	4.7%
Asthma																		
Ever Told Have Asthma	13.2%	(11.8, 14.8)	13.8%	10.9%	15.6%	15.5%	12.9%	15.9%	11.1%	14.8%	10.4%		13.1%	13.1%	13.6%	11.8%	13.8%	14.2%
Currently Have Asthma	8.9%	(7.7, 10.2)	9.1%	6.1%	11.6%	13.0%	8.3%	10.2%	7.7%	9.4%	8.4%		9.3%	10.3%	9.3%	7.4%	9.2%	7.7%
Form A & Snohomish Sample	(n = 629)		n = 6,316															
Kids Ever had Asthma	9.6%	(7.6, 11.5)	10.2%	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		n/a	n/a	n/a	n/a	n/a	n/a
Kids Currently with Asthma	7.0%	(5.3, 8.8)	6.9%	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a		n/a	n/a	n/a	n/a	n/a	n/a

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	N = 2,377	95% C.I.	N = 18,644	Males	Females	Poor	Not Poor	18-29	30-44	45-64	65+		N = 427	N = 585	N = 331	N = 348	N = 387	N = 299
Exercise																		
Exercise Outside of Work	85.2%	(83.5, 86.7)	82.3%	86.9%	83.4%	77.8%	87.4%	86.6%	87.1%	85.2%	77.6%	↓	80.2%	86.7%	88.7%	86.6%	87.2%	86.3%
Meets Mod. Act. Guideline	39.4%	(37.2, 41.7)	41.1%	38.4%	40.5%	38.6%	39.9%	41.0%	40.4%	37.9%	38.0%		37.7%	41.7%	38.3%	40.9%	37.1%	42.3%
Meet Vig. Act. Guideline	30.5%	(28.4, 32.7)	31.3%	35.3%	25.7%	23.9%	33.0%	40.7%	35.2%	24.6%	15.7%	↓	29.6%	28.4%	35.0%	34.2%	29.4%	29.7%
Know of recs for mod ex.	71.9%	(69.3, 74.5)	74.0%	71.5%	72.3%	54.0%	75.8%	63.1%	80.8%	78.3%	43.9%	↓	n/a	n/a	n/a	n/a	n/a	n/a
Know what mod exercise recommendations are	18.8%	(16.5, 21.0)	21.3%	15.0%	22.4%	15.8%	20.2%	11.5%	21.1%	21.9%	15.7%		n/a	n/a	n/a	n/a	n/a	n/a
Form A & Snohomish Sample	n = 1,497		n = 6,316	n = 635	n = 870	n = 257	n = 1,075	n = 244	n = 508	n = 511	n = 242							
What do you prefer to walk on?																		
Unpaved Path	36.0%	(33.3, 38.8)	36.4%	43.1%	29.0%	35.0%	36.4%	26.7%	36.5%	43.3%	30.7%		n/a	n/a	n/a	n/a	n/a	n/a
Sidewalk	30.5%	(28.0, 33.2)	27.5%	27.6%	33.4%	36.5%	28.2%	30.2%	33.9%	26.4%	32.5%		n/a	n/a	n/a	n/a	n/a	n/a
Paved Path	11.9%	(10.1, 13.9)	11.9%	10.6%	13.1%	10.4%	12.7%	15.5%	9.6%	11.5%	13.2%		n/a	n/a	n/a	n/a	n/a	n/a
Other	21.5%	(19.4, 24.1)	24.2%	18.7%	24.6%	18.0%	22.7%	27.6%	20.1%	18.8%	23.7%		n/a	n/a	n/a	n/a	n/a	n/a
Most important thing to make neighborhood walkable																		
More sidewalks	28.7%	(26.2, 31.4)	20.6%	27.7%	29.8%	23.7%	29.5%	23.4%	33.3%	30.9%	19.3%		n/a	n/a	n/a	n/a	n/a	n/a
No change needed	23.2%	(20.9, 25.6)	30.0%	26.5%	19.9%	25.1%	22.2%	15.7%	16.0%	26.8%	47.5%	↑	n/a	n/a	n/a	n/a	n/a	n/a
Improved Lighting	11.6%	(9.8, 13.7)	10.4%	11.4%	11.8%	10.5%	12.1%	21.5%	11.1%	9.0%	2.4%	↓	n/a	n/a	n/a	n/a	n/a	n/a
Other	36.5%	(33.8, 39.3)	39.0%	34.4%	38.5%	40.6%	36.3%	39.3%	39.6%	33.3%	30.9%		n/a	n/a	n/a	n/a	n/a	n/a
Weight Control																		
Obese	21.9%	(20.1, 23.9)	21.7%	21.4%	22.5%	26.8%	21.3%	12.6%	22.1%	28.6%	19.9%	↑	19.2%	26.6%	23.0%	17.9%	22.8%	18.6%
Overweight, not obese	35.8%	(33.6, 38.0)	36.8%	46.0%	25.6%	30.4%	38.0%	32.7%	34.5%	37.5%	39.6%		35.4%	34.7%	38.6%	38.7%	36.3%	35.0%
Trying to Lose Weight	43.0%	(40.8, 45.3)	41.3%	36.1%	49.9%	41.4%	44.1%	34.3%	44.7%	48.5%	38.5%	↑	41.6%	44.8%	41.3%	41.6%	46.2%	44.9%
Trying to Maintain Weight	61.3%	(58.3, 64.3)	60.8%	54.2%	70.4%	59.4%	62.1%	53.0%	58.5%	69.5%	64.9%	↑	59.8%	60.4%	55.9%	70.2%	59.9%	66.5%
Eating Less to Lose/Maintain	70.0%	(67.6, 72.3)	69.2%	68.5%	71.3%	67.7%	70.2%	64.6%	67.1%	74.0%	74.4%	↑	69.2%	68.2%	68.3%	72.4%	73.8%	69.0%
Exercise to Control Weight	74.4%	(72.1, 76.5)	74.6%	75.2%	73.7%	67.6%	76.2%	80.2%	80.1%	70.7%	60.8%	↓	69.0%	72.8%	80.3%	77.2%	72.6%	79.7%

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Told by MD to lost weight	11.0%	(9.7, 12.4)	11.1%	10.9%	11.0%	9.5%	11.3%	4.3%	11.2%	15.7%	9.1%	↑	10.0%	11.3%	12.3%	9.1%	10.8%	11.3%	
Fruit & Veg. Consumption																			
Eat 5 Servings per Day	22.4%	(20.6, 24.3)	23.3%	17.7%	27.1%	18.9%	22.4%	17.1%	19.8%	24.0%	34.4%	↑	21.0%	22.2%	25.8%	25.1%	18.7%	24.8%	
HIV/AIDS																			
Can an HIV+ woman get TX to reduce chance of transmission to baby?	98.3%	(97.4, 98.8)	79.3%	98.1%	98.4%	96.0%	98.7%	97.5%	97.8%	99.1%	n/a		96.9%	97.7%	99.3%	98.9%	98.4%	98.4%	
Member of High-Risk group	3.5%	(2.6, 4.6)	4.6%	4.8%	2.2%	5.6%	3.3%	8.6%	2.7%	1.0%	n/a	↓	4.9%	3.0%	5.4%	2.0%	3.6%	2.1%	
Med. Pro has advised about STDs in past 12 months	8.0%	(6.6, 9.6)	11.4%	5.9%	10.2%	15.5%	6.5%	21.5%	5.7%	1.8%	n/a	↓	10.2%	8.1%	5.5%	5.8%	9.3%	8.7%	