

# Public Health Indicators of Snohomish County

Summary of Indicators with Statistically Significant Comparisons or Trends\*

## Snohomish County Compared to Washington State

Worse than Washington
<b>Overall health</b>
• Met rec fruits/veg (adults)
• Met rec mod/vig exercise (youth)
• Obesity (youth)
• Cancer incidence
• Overall deaths
• Heart disease deaths
<b>Tobacco, alcohol, drugs</b>
• Smoking (youth, grades 10 & 12)
• Smoke exposed youth
• Non-compliant retail stores tobacco sales
• Illegal drugs (youth)
<b>Mental</b>
• Any days poor mental health last 30 days (adults)

Better than Washington
<b>Overall health</b>
• Health care exams in prior 2 yrs
<b>Communicable disease</b>
• Chlamydia
• Gonorrhea
• New active TB
• New active HIV
<b>Environment</b>
• Optimal fluoride (Grade A systems)
<b>Pregnant women &amp; families</b>
• Teen pregnancy
• Premature births
• Self-reported mod/poor postpartum mental health.
<b>Injury</b>
• Falls – hospitalizations
• Motor vehicle hospitalizations

## Snohomish County Trends

Worse - Increasing
<b>Overall health</b>
• Obesity (adults)
• Self-reported diabetes (adults)
• Cancer incidence
<b>Communicable disease</b>
• Chlamydia
• Gonorrhea
<b>Pregnant women &amp; families</b>
• Premature births
<b>Tobacco, alcohol, drugs</b>
• Non-compliant retail stores – tobacco sales

Better - Decreasing
<b>Overall health</b>
• No health care exam in prior 2 years
• Overall deaths
• Heart disease death
<b>Environment</b>
• Food & waterborne disease
<b>Communicable disease</b>
• Vaccine preventable diseases
• No flu shots ( $\geq 65$ yrs)
• New active TB
<b>Pregnant women &amp; families</b>
• Teen pregnancy
• Tobacco use during pregnancy
<b>Injury</b>
• Falls – hospitalizations
• Motor vehicle – hospitalizations
• Firearms – deaths
<b>Tobacco, alcohol, drugs</b>
• Smoking (adults)

## Snohomish County Compared to Healthy People 2010 Goals

Worse than HP2010
<b>Overall health</b>
• Obesity (adults)
• Obesity (youth)
• Diabetes prevalence (adults)
<b>Environment</b>
• Optimal fluoride (Group A systems)
<b>Communicable disease</b>
• Flu vaccine in $\geq 65$ yo
• Gonorrhea
• New active TB
<b>Pregnant women &amp; families</b>
• Unintended pregnancy
• Premature births
• Prenatal care in 1 <sup>st</sup> trimester
• Tobacco during pregnancy
<b>Injury</b>
• Firearm deaths
<b>Tobacco, alcohol, drugs</b>
• Smoking current (adults)
• Smoking current (youth)
• Binge drinking (HS seniors)
<b>Mental</b>
• Suicide

Better than HP2010
<b>Pregnant women &amp; families</b>
• Teen pregnancy
• Breastfeeding at birth
<b>Injury</b>
• Firearm - hospitalizations



\* Does not include those indicators with non-significant comparisons or trends, i.e., indicators identified as “caution” = yellow. The complete document, *Signals – Public Health Indicators of Snohomish County*, published by Health Statistics & Assessment, 2006 is available at [www.snohd.org/snohealthstats](http://www.snohd.org/snohealthstats). Limited copies available by calling 425.339.8618.