

**Snohomish County Behavioral Risk Factor Surveillance Survey (BRFSS)
2009**

HEALTH CARE ACCESS & UTILIZATION

Questions	Snohomish County	CI	Washington State	Sex		Poverty (200% FPL)		Age Group*			
				Males	Females	Poor	Not Poor	18-29	30-44	45-64	65+
Health Care Access											
Have health insurance ¹	86.9%	(84.2, 89.3)	85.6%	86.2%	87.7%	73.3%	92.4%	77.6%	87.1%	88.1%	98.5%
Could not see doctor in past 12 months due to cost ¹	14.2%	(11.8, 17.1)	13.5%	11.9%	16.5%	27.9%	9.3%	20.7%	15.3%	13.4%	3.1%
Had routine check-up in past two years ¹	77.0%	(73.8, 79.9)	77.5%	72.1%	81.8%	72.7%	78.9%	66.5%	73.5%	82.2%	88.4%
Children with health insurance ¹	92.5%	(88.8, 95.0)	94.8%	93.5%	91.7%	89.5%	94.2%	94.2%	93.5%	91.0%	N/A
Have dental insurance ²	72.8%	(68.3, 77.0)	67.4%	76.5%	69.2%	58.3%	78.9%	78.3%	75.4%	76.4%	48.9%
Immunization											
Flu shot past 12 months ¹	36.1%	(33.1, 39.2)	39.5%	30.5%	41.8%	26.3%	39.2%	14.6%	29.7%	42.4%	68.2%
Flu mist past 12 months ¹	0.9%	(0.5, 1.8)	1.1%	1.6%	0.3%	0.8%	1.1%	0.7%	2.3%	0.3%	0.0%
Child immunization past 12 months ²	23.4%	(17.7, 30.2)	32.1%	20.3%	25.6%	17.3%	24.0%	17.9%	22.0%	28.8%	N/A
Ever had pneumonia shot ¹	24.8%	(22.1, 27.7)	27.2%	24.7%	24.8%	20.2%	24.6%	12.1%	16.0%	20.0%	72.2%
General Health											
General health ¹											
Excellent/very good	54.2%	(50.9, 57.6)	55.4%	54.2%	54.2%	35.8%	60.5%	56.4%	56.4%	55.9%	41.5%
Good	32.2%	(29.1, 35.5)	31.0%	33.6%	30.8%	37.8%	29.8%	37.5%	30.6%	28.7%	36.3%
Fair/poor	13.6%	(11.6, 15.8)	13.6%	12.2%	14.9%	26.4%	9.8%	6.1%	13.1%	15.4%	22.2%
Days of poor physical health (avg. # of days) ¹	3.7	(3.3, 4.2)	3.6	3.5	4	5.6	3.1	3.0	3.3	4.2	5.0
Days of poor mental health (avg. # of days) ¹	3.9	(3.3, 4.5)	3.3	3.4	4.4	5.8	3.3	5.4	3.9	3.5	2.4
Mean days poor health interfered w/daily activities ¹	2.8	(2.3, 3.2)	2.3	2.6	2.9	5.2	2.2	2.4	2.7	2.9	2.9
Poor quality of life ¹	22.6%	(19.8, 25.7)	19.8%	19.3%	25.9%	31.4%	18.3%	26.8%	20.9%	20.5%	25.2%
Days of inadequate sleep (avg. # of days) ¹	8.9	(8.2, 9.6)	8.4	9	8.9	9.7	8.7	10.2	10.9	7.6	5.6
Shaded cells = statistically sig. differences <i>Snohomish County vs. Washington State</i> <i>One group vs. Other</i> <i>Age Comparison</i>											
¹ Core questions	N = 1,653		N = 20,294	N = 665	N = 988	N = 284	N = 1,369	N = 107	N = 327	N = 741	N = 478
² Form A Questions	N = 752		N = 7,470	N = 306	N = 446	N = 132	N = 630	N = 53	N = 151	N = 349	N = 199

*Age of household respondent

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MISCELLANEOUS TOPICS

Question	Snohomish County	CI	Washington State	Sex		Poverty (200% FPL)		Age Group*				
				Males	Females	Poor	Not Poor	18-29	30-44	45-64	65+	
HIV/AIDS												
Ever been tested for HIV ¹	39.6%	(35.8, 43.6)	41.2%	38.0%	41.4%	51.5%	36.1%	35.1%	54.0%	30.2%	N/A	
Member of high-risk group ¹	5.1%	(3.4, 7.4)	4.1%	5.7%	4.4%	7.4%	4.1%	7.0%	7.0%	2.3%	N/A	
Sexual Orientation												
Not heterosexual ¹	3.4%	(2.2, 5.2)	3.1%	3.3%	3.4%	6.6%	2.5%	1.8%	5.8%	3.2%	0.9%	
Birth Control Usage												
Did not use birth control last intercourse ¹	11.1%	(7.7, 15.7)	10.9%	11.9%	9.7%	12.9%	11.0%	10.9%	10.8%	10.2%	21.8%	
Emotional Support												
Generally get emo. support ¹	82.2%	(79.4, 84.6)	82.3%	81.2%	83.2%	70.8%	85.3%	83.7%	80.2%	83.3%	81.1%	
Satisfied with life ¹	93.2%	(91.2, 94.8)	94.7%	92.5%	94.0%	87.1%	94.7%	94.7%	91.8%	92.9%	95.0%	
Falls (age 45 and older)												
Any falls in past 3 months ¹	21.7%	(17.9, 26.1)	20.9%	22.4%	21.2%	39.9%	18.2%	N/A	N/A	23.1%	18.1%	
Injured in fall past 3 months ¹	5.8%	(3.9, 8.6)	6.2%	4.4%	7.1%	11.3%	4.6%	N/A	N/A	6.7%	3.4%	
Household Hazards												
Firearm in home ²	33.3%	(29.7, 37.0)	33.9%	42.9%	26.9%	24.1%	37.3%	40.4%	32.2%	35.8%	27.9%	
Firearm not kept safely ⁺²	6.2%	(4.5, 8.4)	5.8%	10.1%	3.6%	4.0%	7.5%	8.6%	4.2%	6.3%	7.0%	
Carbon Monoxide sensor ²	34.4%	(30.9, 38.1)	35.4%	35.0%	34.0%	30.8%	35.9%	19.7%	38.6%	35.8%	32.4%	
Shaded cells = statistically sig. differences												
			<i>Snohomish County vs. Washington State</i>				<i>One group vs. Other</i>		<i>Age Comparison</i>			
¹ Core questions	N = 1,653		N = 20,294	N = 665	N = 988	N = 284	N = 1,369	N = 107	N = 327	N = 741	N = 478	
² Form A Questions	N = 752		N = 7,470	N = 306	N = 446	N = 132	N = 630	N = 53	N = 151	N = 349	N = 199	

+ No safety lock or not locked in a safe.

*Age of household respondent

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DIET & PHYSICAL ACTIVITY

Questions	Snohomish County	CI	Washington State	Sex		Poverty (200% FPL)		Age Group*			
				Males	Females	Poor	Not Poor	18-29	30-44	45-64	65+
Weight											
Obese ¹	28.8%	(25.9, 31.9)	27.0%	29.7%	27.9%	33.1%	28.7%	22.4%	27.5%	34.1%	28.1%
Overweight, not obese ¹	35.8%	(32.6, 39.1)	35.5%	41.8%	29.5%	27.7%	39.5%	29.3%	38.2%	37.5%	36.6%
Exercise											
Meet moderate activity ⁺ guideline ¹	38.9%	(35.5, 42.4)	40.9%	39.5%	38.3%	34.6%	41.8%	44.2%	36.8%	38.5%	35.6%
Meet vigorous activity ⁺⁺ guideline ¹	31.2%	(28.0, 34.7)	30.4%	35.2%	27.2%	29.4%	32.1%	44.3%	30.9%	28.0%	19.3%
Meet moderate or vigorous activity guideline ¹	50.5%	(47.0, 54.0)	53.7%	53.0%	47.9%	48.7%	52.5%	57.8%	49.0%	49.5%	43.9%
Food Choices											
Eat 5 servings per day ¹	25.3%	(22.5, 28.3)	25.1%	20.3%	30.3%	19.4%	26.0%	20.2%	25.3%	27.2%	28.4%
Eat 2 fruits per day ¹	33.2%	(30.0, 36.6)	34.0%	31.0%	35.4%	30.8%	33.5%	32.9%	29.5%	33.9%	40.5%
Eat 3 veggies per day ¹	32.7%	(29.6, 35.9)	33.9%	27.0%	38.3%	30.4%	31.1%	27.7%	33.0%	34.8%	34.9%
Eat 2 fruit and 3 veggies ¹	15.6%	(13.3, 18.3)	16.0%	12.8%	18.5%	12.8%	15.5%	15.2%	13.0%	16.9%	19.0%
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+ 30 minutes per day, 5+days per week								*Age of household respondent			
++ 20 minutes per day, 3+days per week											

TOBACCO, ALCOHOL & DRUG USE

Question	Snohomish County	CI	Washington State	Sex		Poverty (200% FPL)		Age Group			
				Males	Females	Poor	Not Poor	18-29	30-44	45-64	65+
Tobacco Use											
Currently smoke ¹	16.0%	(13.4, 18.9)	15.0%	18.7%	13.3%	26.0%	12.4%	18.3%	19.8%	14.8%	6.6%
Tried to quit in past 12 mo. ¹	54.8%	(45.1, 64.1)	57.0%	49.8%	61.8%	53.9%	54.2%	61.0%	55.6%	51.5%	40.6%
Alcohol Consumption											
Heavy Drinking ^{+ 1}	6.4%	(4.9, 8.2)	5.5%	5.4%	7.3%	4.8%	7.1%	6.5%	5.7%	7.5%	4.5%
Engaged in binge drinking in past 30 days ¹	14.4%	(12.1, 17.1)	15.3%	17.5%	11.3%	12.0%	16.5%	21.8%	16.6%	12.1%	3.8%
Drug Consumption											
Recreational opioid use past 30 days ²	1.0%	(0.3, 3.1)	1.0%	1.6%	0.6%	0.8%	1.3%	2.6%	0.5%	0.9%	0.3%
Marijuana use past 30 days ²	5.7%	(3.7, 8.7)	5.6%	7.7%	3.8%	12.5%	3.9%	9.5%	3.3%	7.5%	0.5%
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+ Heavy drinking: More than two alcoholic beverages per day for men, or more than one per day for women, in past 30 days.								*Age of household respondent			