

Breastfeeding Services

Bestfeeding/Judy Hulse, RN, IBCLC Bothell/Snohomish

425.329.4079 or
425.780.0079

Telephone and home consultations.

Birth and Beyond

206.615.8078

RN/IBCLC/ Breastfeeding Specialists offer
free telephone consultations; home or office
consultations for fee.

Family Health Hotline (WithinReach)

800.322.2588

An information and referral line.

Heartfelt Center/Marcia David, LMP, CD, IBCLC-South Snohomish County, North/East King County

206.353.7255

Telephone and home consultations and infant
massage classes.

La Leche League of Snohomish County

425.303.0311

Free telephone/home consultations days,
weekends and evenings; weekly and monthly
parent meetings throughout the county; lending
library; breastfeeding and parenting
conferences, information for contacts in other
counties.

La Leche League International-resources
online at: www.lalecheleague.org.

Navy/Marine Relief Society Nurse Everett/Smokey Point

425.304.3208

Prenatal/postpartum home, office and
telephone consultations; breastfeeding
classes; military members/dependants only.

Pacific Association for Labor Support

206.329.7257

Doula support during labor and postpartum.

Pacific Mothers Support, Inc.-Bellevue

425.462.0577 or 800.578.2260

Office/telephone consultations/IBCLC.

Pregnancy Aid/WIC of Snohomish County-Arlington, Granite Falls, Marysville, Monroe, Snohomish

Arlington: 360.435.3735

Everett: 425.339.2606

Breastfeeding Peer Counselors, IBCLC and
CLEs offer office visits and consultations.
Emergency 24/7 available for current clients.

Snohomish Health District

WIC/First Steps:

Everett: 425.252.5303

Lynnwood: 425.258.8400

Clinic based Public Health Nurses;
breastfeeding classes for current clients.

Swedish Visiting Nurse Services

425.608.8552

Home visits with community health nurses and
registered dietitians.

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WIC & First Steps - Community Health Division

3020 Rucker Ave, Suite 100 ■ Everett WA 98201 -3900
fax: 425.252.5306 ■ tel: 425.252.5303

Hospital Based Services

Cascade Valley Hospital-Arlington

360.435.2133 ext. 3326

Limited inpatient consultations (no on staff IBCLC) and outpatient local referrals.

Evergreen Hospital-Kirkland

25.866.3494

Inpatient/outpatient assessments, phone consultations, IBCLC available 7 days a week.

Providence Everett Medical Center- Everett

425.304.6160

Inpatient/outpatient assessments, phone consultations and breastfeeding classes. IBCLC available 7 days a week.

Swedish/Edmonds

(Formerly Stevens Hospital-Edmonds)

425.640.4072

Inpatient and outpatient consultations, phone consultations and breastfeeding classes. IBCLC available 7 days a week.

University of Washington Hospital- Seattle

206.598.4628

UW hospital or UW Clinic staff patients only, IBCLC available 7 days a week.

Valley General Hospital-Monroe

360.794.1488, Ext. 167

Inpatient services, outpatient telephone consultations, breastfeeding classes. IBCLC available 3-4 days a week.

Breastfeeding Supplies/Pumps

Baby & Family Boutique

Evergreen Hospital-Kirkland

425.899.3603

Breastfeeding aids and *Medela* pumps, rental and sales.

Breastfeeding Supplies/Pumps, cont.

Bestfeeding- Judy Hulse, RN, IBCLC Bothell/Snohomish

425.329.4079 425.780.0079

Breastfeeding aids, electronic scale, *Medela* and *Whittlestone* breast pump rentals & sales.

Family Resources-Providence Pavilion for Women and Children-Everett

425.304.6000

Breastfeeding aids (bras, clothing, shells, *Gentian Violet*, etc.) breast pump sales and rentals.

J&J Pharmacy-Edmonds

425.670.8912

Medela Rentals. No insurance.

Pacific Mother's Support Inc (PMSI) Bellevue

800.578.2260

Pregnancy and breastfeeding aids, breast pump sales and rentals. *Medela* and *Bailey* products. DSHS Medical Coupon providers.

Snohomish Health District

WIC/First Steps

425.252.5393

Free manual *Medela* breast pumps and *Medela Lactina* loans to current clients.

Stork Shop-Swedish/Edmonds (Formerly Stevens Hospital-Edmonds)

425.640.4776

Breastfeeding supplies (bras, lanolin, etc.), *Medela* breast pump sales and rentals.

Valley View Clinical Pharmacy-Monroe

360.794.5555

Medela pump rentals.

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