

APRIL 2007

# SNOHOMISH COUNTY CHILD HEALTH NOTES

Promoting early identification and partnerships between families, primary health care providers & the community.

Distributed by: Infant Toddler Early Intervention Program and Children with Special Health Care Needs  
Contributors: Washington State Department of Health and UW – Center on Human Development & Disability



## “CRITICAL ELEMENTS OF CARE” FOR CHILDREN WITH SPECIAL HEALTH CARE NEEDS

The Critical Elements of Care (CEC) documents are information booklets designed to highlight health care issues for children with selected health conditions less commonly, even rarely, seen in the primary care practice setting and requiring more than standard well-child care. The CECs generally look at the needs of a patient over the pediatric lifespan – birth to 21 years of age.

Comment on the CEC for the Low Birth Weight NICU Graduate:

*“Congratulations on a superb document. Very concise and complete...”*

Marilee Allen, MD  
Johns Hopkins University

The following Critical Elements of Care are currently available to primary care practices:

- Cerebral Palsy
- Cleft Lip and Palate – (being adopted by the National Cleft Lip and Palate Association)
- Cystic Fibrosis
- Duchenne Muscular Dystrophy
- Juvenile Rheumatoid Arthritis
- Low Birth Weight Neonatal Intensive Care Unit (NICU) Graduate
- Sickle Cell Disease

### How Were the CECs Developed?

The State of Washington Department of Health - Children with Special Health Care Needs Program conducted a survey of physicians throughout the state looking for ways to decrease barriers for children with complex or special health problems and their families access to care in their local communities. Primary care physicians indicated a need for concise information on conditions seen infrequently in their patient population. In response, the Department of Health funded the development of these CEC documents.

Interdisciplinary work groups in Washington state, drawing on current literature and outcome data, used a consensus process with statewide participation to develop the scope of information covered in each CEC. Contributors to the CECs included family members, primary and tertiary care providers, third party payers, and specialty providers. Teams working with the Center for Children with Special Needs at Children’s Hospital in Seattle (CHRMC) developed most of the CECs. Six national experts in premature infant follow-up care additionally reviewed the CEC for the Low Birth Weight Neonatal Intensive Care Unit Graduate (developed by CHDD at UW and Mary Bridge Hospital & Health Center Neurodevelopmental Program).

### How MIGHT YOU USE THE CECs IN YOUR PRACTICE?

- To assist in early recognition of symptoms and diagnosis
- To review treatment and case management considerations
- To provide care management grids, where available, for individual patient charts

A number of Level III Nurseries in the state of Washington are participating in distribution of the Low Birth Weight NICU Graduate CEC. The health and neurodevelopmental surveillance grid from the CEC is being attached to the infants’ NICU discharge summary and then sent to the primary care provider. Many primary care providers are placing the grid in the infant’s chart as a health care reminder during well-child visits.

For a copy of the Low Birth Weight NICU Graduate CEC – call 253-403-5525 or download it from the Web at <http://www.medicalhome.org/4Download/cec/CEC.pdf>

For copies of all other CECs:

- For one free copy of each – contact Kaye Smith Business Graphics at 1-800-859-5598 (ask for Karla Saunders)
- For more than one copy or for out-of-state orders – contact CHRMC at 206-987-5310
- Or download them on the Web at <http://www.cshcn.org/resources/cec.cfm>

## SNOHOMISH COUNTY RESOURCES FOR DEVELOPMENTAL SCREENING AND ASSESSMENT

- **For children under age three:** Contact: Infant Toddler Early Intervention Program (FRC), 425-339-1965  
Children with Special Health Care Needs, 425-339-8652
- **For children age three and older:** Contact: Local school district

District:	Phone:	District:	Phone:	District:	Phone:
Arlington	360-618-6215	Darrington	360-436-1323	Edmonds	425-670-7208
Everett	425-385-5254	Granite Falls	360-283-4513	Index	360-793-1330
Lake Stevens	425-355-1500	Lakewood	360-652-4501	Marysville	360-653-0825
Monroe	360-863-4244	Mukilteo	425-356-1250	Northshore	425-489-6377
Skykomish	360-677-2623	Snohomish	360-563-7310	Stanwood	360-629-1250
Sultan	360-793-9801				

### SPECIAL NEEDS INFORMATION AND RESOURCES:

- **Local:**
  - Parent to Parent – Jamie Coonts 425-258-2459, ext 4
  - Fathers Network Snohomish County – Keith Harrell 425-379-9810
- **Regional:**
  - Children's Hospital and Regional Medical Center  
Health Professional Hotline 1-800-293-2462  
Parent Resource Line 1-866-987-2500
  - WithinReach (formerly Healthy Mothers, Healthy Babies)  
(for a listing of your county's Lead FRC's) 1-800-322-2588, 1-800-833-6388 TTD  
[www.withinreachwa.org](http://www.withinreachwa.org)
  - Infant Toddler Early Intervention Program [www1.dshs.wa.gov/iteip](http://www1.dshs.wa.gov/iteip)
  - Parent to Parent Support Programs of Washington (800) 821-5927
  - Washington State Fathers Network 425-747-4004 ext. 4286  
[www.fathersnetwork.org](http://www.fathersnetwork.org)
  - Washington State Medical Home Website [www.medicalhome.org](http://www.medicalhome.org)
- **National/  
Internet:**
  - American Academy of Pediatrics [www.aap.org](http://www.aap.org)
  - AAP Developmental and Behavioral Pediatrics [www.dbpeds.org](http://www.dbpeds.org)
  - American Academy of Family Physicians [www.aafp.org](http://www.aafp.org)
  - Family Village (Extensive family resources for CSHCN) [www.familyvillage.wisc.edu](http://www.familyvillage.wisc.edu)
  - Family Voices (Links to national and state family support networks) [www.familyvoices.org](http://www.familyvoices.org)



**SNOHOMISH  
HEALTH  
DISTRICT**

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