

SNOHOMISH COUNTY CHILD HEALTH NOTES

Promoting early identification and partnerships between families, primary health care providers & the community.

Distributed by: Children with Special Health Care Needs (CSHCN) and the Infant Toddler Early Intervention Program (ITEIP)
Contributors: Washington State Department of Health and UW – Center on Human Development & Disability



Literature consistently shows that provider recommendation has the greatest impact on immunization status.

Pediatrics. 2003
Oct;112(4):e269

ADOLESCENT IMMUNIZATIONS

Immunizations are not just for children.

We all know the importance of immunizing infants and young children to protect them against diseases. Immunizing adolescents is just as important because it:

- Prolongs protection against disease
- Prevents spread of disease to family or community members, such as infants that are not yet fully immunized and the elderly.

Immunizations are the safest and best way to protect adolescents against disease. The risk of getting a serious or fatal disease is greater than the risk of a bad reaction to a vaccine.

A yearly health check up is recommended at age 11-12 years, and once per year after that. The health check up at age 11-12 years is the recommended time to review immunization records, administer any missed childhood vaccines, and give all vaccines recommended at that age. It is safe to administer all recommended immunizations in one office visit. Adolescents may only see their health care provider once a year; providing all immunizations in one visit ensures that teens get all the recommended vaccinations.

Are teens with special health care needs at higher risk?

It may be easier for teens with special health care needs to contract a vaccine-preventable disease, and if they get a disease, it may be more severe. Teens with a weakened immune system (e.g., HIV, cancer) or a chronic illness (e.g., diabetes, asthma) may be more susceptible to such diseases and may need immunizations not typically recommended for all adolescents. If the teen cannot receive a vaccination due to his/her medical condition, make sure that members of the household and others close to the teen are immunized.

How can you make sure adolescents receive their immunizations?

- Educate teens and their parents about how immunizations protect them and their community from disease.
- Use the CHILD Profile Immunization Registry to help health care providers:
 - Manage patient immunizations.
 - Implement a reminder/recall program to recall teens for needed immunizations.
 - Print immunization records that are required for school entry.
 - Track clinic immunization rates.

Adolescent Immunization Recommendations

Based on the 2008 Childhood & Adolescent Immunization Schedule

Catch-Up Vaccinations – Recommended for teens lacking previous childhood vaccination

Hepatitis B
Measles, Mumps, and Rubella (MMR)
Hepatitis A

Inactivated Poliovirus (IPV)
Varicella (Chickenpox)
Tetanus Diphtheria (Td)

Adolescent Vaccinations – Recommended for all 11–12 year olds and older teens who have not been vaccinated

Human Papillomavirus (HPV)(females)
Tetanus, Diphtheria, and Pertussis (Tdap)

Meningococcal (MCV4)
Annual Influenza (flu)

Vaccinations for At-Risk Adolescents – Recommended for teens with special medical conditions

Pneumococcal (PPV)

INFORMATION AND RESOURCES:

Local:	Snohomish Health District Everett office (Monday, Wednesday & Friday) Lynnwood office (Tuesday and Thursday)	425-339-5220 425-775-3522
Regional:	WA State Dept. of Health Immunization Program CHILD Profile	www.doh.wa.gov/cfh/immunize www.childprofile.org
National:	CDC National Immunization Program Society for Adolescent Medicine	www.cdc.gov/vaccines www.adolescenthealth.org

Provider Resources:

- **Standards for Child and Adolescent Immunization Practices**
<http://www.cdc.gov/vaccines/recs/vac-admin/rev-immz-stds.htm>
- **Helping Parents Who Question Vaccines: Providers' Guide**
www.cdc.gov/nip/publications/flyers/f_parents_questvax_hcp.pdf
- **Adolescent Immunization Recommendations**
www.cdc.gov/mmwr/PDF/rr/rr4513.pdf
- **Washington State Lifetime Immunization Record**
<http://www.doh.wa.gov/cfh/childprofile/documents/immrecord.pdf>
- **Vaccines Required for School Attendance**
<http://www.doh.wa.gov/cfh/immunize/schools/vaccine.htm>
- **Vaccine Administration Record**
www.doh.wa.gov/cfh/immunize/documents/vacadminrecord.pdf

Parent and Teen Resources: Instructions on how to order free materials available at
www.doh.wa.gov/cfh/immunize/forms/default.htm

- **Plain Talk about Childhood Immunizations** – copies can be ordered for free from the Department of Health https://fortress.wa.gov/doh/here/materials/PDFs/15_PlnTalk_E08L.pdf
- **Immunizations Birth through 6 Years: A Guide to Protecting Your Child** – copies can be ordered for free from the Department of Health <http://www.doh.wa.gov/cfh/childprofile/documents/immguide.pdf>
- **Adolescent Immunization Fact Sheet** – copies can be ordered for free from the Department of Health https://fortress.wa.gov/doh/here/materials/CRA_Detail.aspx?ID=431

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