



Creating an Emergency Kit

For more information about Emergency Preparedness, visit:
www.snohd.org • www.snohomishcountywa.gov • www.ready.gov

Date: _____

Remember:

You should have enough emergency supplies to last **3 days for each person** without outside help. Periodically check your supplies to make sure they are functional and not expired. Add specific items for family pets and members of your household who have special needs.

Food

- CANNED OR PACKAGED NON-PERISHABLE, READY-TO-EAT FOOD**— nothing that needs to be refrigerated or cooked. Don't forget a manual can opener and utensils!
- WATER**—1 gallon of water per person, per day



Comfort

- THINK WARMTH & VERSATILITY**— Clothing you can wear in layers, adding or subtracting as needed. Have a warm blanket, sturdy shoes, and a waterproof tarp. Include a comfort item for each child, such as a stuffed toy or special blanket.



Safety

- FIRST AID KIT**—Including a well-fitting mask for each family member to protect against dust and smoke.
- FLASHLIGHT**—Don't forget extra batteries!
- HAND- OR BATTERY-POWERED RADIO**— For NOAA weather alerts and local emergency broadcast information.



Personal Care

- TOILETRIES**— Toothbrush and toothpaste, etc.
- MEDICINE**—Over-the-counter medicines, prescriptions, extra pair of glasses, etc.
- ACTIVITIES**—Books, puzzles and/or art supplies to keep occupied. No video games or anything that requires electricity.



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