

giving thanks



sunday 11/22	monday 11/23	tuesday 11/24
Do you enjoy time alone or being social?	What motivates you through tough times?	Where is your favorite place to spend time?
wednesday 11/25	thursday 11/26	
How does the sky outside look today?	What is your favorite family tradition?	
friday 11/27	saturday 11/28	
What is the best thing that happened this week so far?	When did you last go stargazing?	

Gratitude leads to resilience. Resilience is a buffer to life's adversity. What are you grateful for?

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For the week of: _____

SUNDAY	MONDAY	TUESDAY
WEDNESDAY	THURSDAY	
FRIDAY	SATURDAY	